



Docs take cells from other parts of the body and inject them into breasts

several months, the mixture naturally enlarges the breasts by becoming a living part of their tissue.

Stem cell-enhanced breasts eliminate all the health risks associated with saline or silicone implants, including leaking, scarring and rejection. Implants can also interfere with scans used to

detect breast cancer.

“The technique results in breasts that look and feel smoother than with conventional implants,” says the spokesman. “Stem cells enable the transplanted fat cells to grow their own blood supply, thus becoming an integral part of the breast instead of a foreign lump.”

this herb

they suffered dropped from four per day to less than two.

Meanwhile, women on the placebo were averaging one more hot flash daily than the herbal group.

St. John’s wort contains estrogen-like plant compounds which may explain the effect.

However, while the herb is safe when taken

as directed, women who have a problem with estrogen drugs because of a history of breast or endometrial cancers should consult their doctor before taking it.

Also, the herb may interact with other drugs like anti-depressants, digoxin heart medication and warfarin blood thinner, so seeking the advice of a doctor before taking it is recommended.

Cure arthritis with vinegar!

ONE woman suffering from arthritis found relief in her kitchen cabinet after all sorts of drugs failed!

Church organist Sarah Gall, 55, was in such agony from the crippling condition she couldn’t get out of bed.

“I was prescribed anti-inflammatory drugs and painkillers, but nothing was working,” recalls Gall. “When it got worse, I was given stronger painkillers, but they made me violently sick. It got to the point where I couldn’t even walk, let alone play the organ. I became depressed and was crying from the pain.”

In desperation, Gall tried a concoction of cider vinegar and honey that her daughter had recommended after doing some research on the Internet.

“She suggested drinking the cider vinegar mixed with honey and hot water,” says Gall, who lives in England. “After only one week, I started to feel much better. Eventually, the arthritis disappeared. My doctor was flabbergasted.”

The vinegar cure dates back to 1961. A nurse named Margaret Hills figured that since the acidic vinegar turns alkaline when it is digested, it may be able to counter the acid buildup in joints that contributes to arthritis pain.

But despite Gall’s miraculous results, docs remain skeptical.

“If it works for you, great,” says one British physician.

“But it won’t work for most people.”



Sarah Gall is back playing the organ again thanks to honey and vinegar

Easy way to calm down

NATIONAL Examiner GIVEAWAY



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